Treat Yourself Well

Body Mind Spirit Integration - Individuals and Groups

Energy Healing

Dr. Curley's insights can help you: expand on areas in your life that are going well, get a grip on ongoing or recurring problems, deal with difficult people or situations, and identify options for upcoming choices.



is a powerful yet gentle spiritually guided process. Pure loving source energy flows for your highest good through my hands to you. Guided intuitive messages often accompany the energy flow. The energy goes where it is needed, typically bringing balance to the major energy chakras in the body, as shown to the right. Depending on individual conditions, this process complements traditional health care, and may:



- Reduce emotional and/or physical pain
- Quiet negative internal mind chatter
- ♦ Increase internal peace and clarity
- ♦ Facilitate relaxation
- ♦ Reduce stress
- ♦ Release emotional and mental blocks
- ♦ Heal emotional wounds
- ♦ Promote healing

For more information:
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